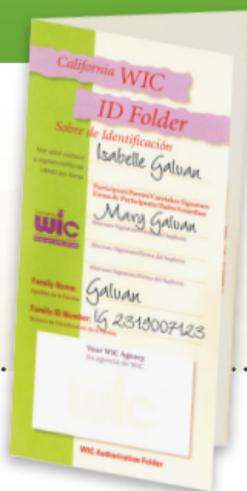


Siv koj

Cov Tshvmis WIC

1. Nqa koj lub Hnab Ntawv WIC ID nrog koj mus tom khw.



2. Pib siv koj cov tshvmis “Thawj Hnub Uas Siv Tau” (First Day to Use) thiab siv kom tas rau “Hnub Kawg Uas Siv Tau” (Last Day to Use).



3. Saib seb “Yuav tau dab tsi” (What to buy) ntawv koj daim tshvmis. Xaiv cov khoom noj ua tshvmis yuav tau hauv koj phau ntawv uas qhia yuav khoom.

4. Muab koj cov khoom noj WIC tso nyias ua nyias ib pawg ua ke raws li txhua daim tshvmis.



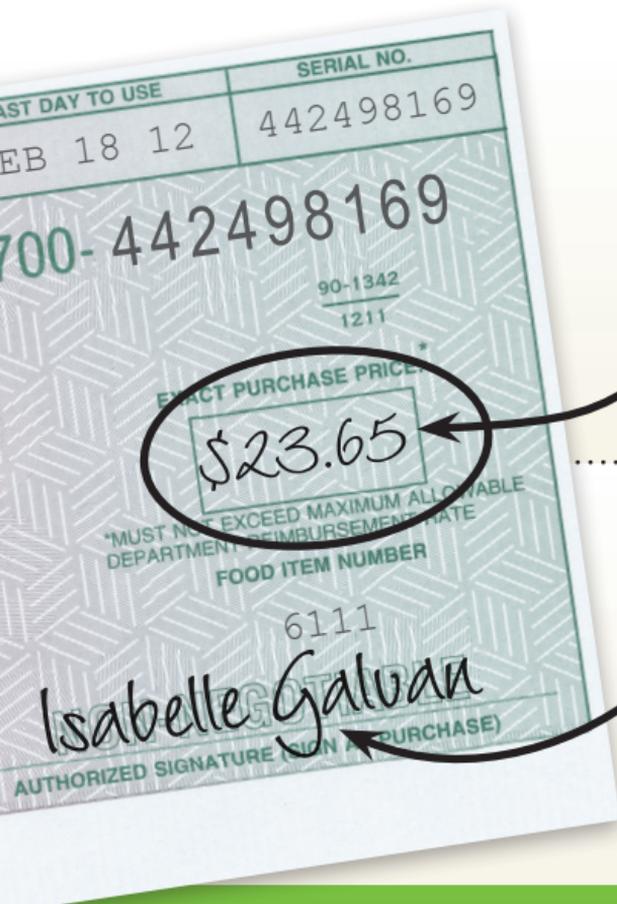


5.

Qhia tus neeg luj khoom tam sim ntawv hais tias koj yuav siv cov tshevmis WIC.

6.

Muab koj lub Hnab Ntawv WIC ID rau tus neeg luj khoom.



7.

Ua ntej tshaj plaws, cia tus neeg luj khoom sau seb **"Tag Nrho Raug Nqi Li Cas"** (Exact Purchase Price) rau ntawm txhua daim tshevmis.

8.

Ces, koj mam li sau npe rau ntawm cov tshevmis WIC ntawm tus neeg luj khoom xub ntiag.

WIC xav kom koj qhov kev yuav khoom noj mus zoo.

Hu 1-800-852-5770 lossis email mus rau wicabuse@cdph.ca.gov es qhia txog tej teeb meem lossis kev txhawj xeeb.



California txoj Kev Pab Cuam WIC, California lub Rooj Tsav Xwm Saib Xyuas cov Pej Xeem txoj Kev Noj Qab Haus Huv Lub koom haum pab kev ncaj nceem.

